Bilinear Z transform for a low pass filter.
Simplified block diagram

X(z)


Where: $\theta=\frac{\tau}{\tau+2 * T}$

Where: $\varepsilon=\frac{\tau-2 * T}{}$

$$
\tau+2^{*} T
$$

Where: $\tau=$ Sampling period
Where: $\mathrm{T}=$ Filter's time constant
Where: $Z^{-1}=$ previous cycle value
Where: Z = Current cycle value

$$
Y(z)=(X(z) * \theta)+((X(z-1) * \theta)-((Y(z-1) * \varepsilon)
$$

